

Centre Based activities in Provence

<u>Mercantour national park</u> in France





Stay all inclusive in Provence/Mercantour

Duration : 7 days and 6 nights. 5 to 6 days of walking. Can be adapted on a shorter version on request.

Type of holidays : Center based tour

Suitable for : families with young children, couples looking for a romantic getaway.

Season : from June to end of September

Level : easy, trails clearly marked

Rates 2025 : \notin 710 / Adult , \notin 610 / Child from 3 to 12 years old in full board, 200 \notin / child under 3 years old.

Accommodation : Our new <u>Ecolodge</u>, with en suite bathroom or in a yurt with sky dome : home comforts in the wilderness! depending on availabilities and on request.

Climate : due to the proximity of the Mediterranean Sea, the weather is warm and sunny, ideal for summer hiking.



The stay

Our other treks tend to be filled with long, adventurous hikes. This package is tailored to those who feel like less is more. This is the right option if you are looking for an enjoyable, relaxing, and easy-going experience.

Take the time to relax properly

This package is tailored to those who feel they've earned the right to take it slow during their holidays. It's all about lying down in the mountain pastures and watching the butterflies flutter by.

Get away from it all

This is an extraordinary commune with nature. Enjoy the fantastic sights we have to offer, like the breathtaking red Alpine gorges just below us.

Come stay in our brand new Ecolodge, painted in a unique and incredible golden-brown lime-based color scheme. Let the donkeys greet your arrival as they peek their head through the third story window. Come lose yourself here! Come relive simpler times!

Our strengths

Charming and unique accommodations.

Exceptionally soothing surroundings: an ideal place to recharge your batteries.



Day-by-day programme

Day 1 : Welcome between 16.30 and 17.00 at the farm of Villeplane. Our local guide will welcome you and give you all tips and advices about your journey and assess the various possibilities together, taking into consideration the weather forecast, your physical abilities. And then meet the masters of the ecolodge... or should we say masters of the kitchen, as cooking is what is closest to their hearts! Come enjoy some of the finest French cuisine in a place you might not have expected!

Night at the ecolodge or in a yurt.

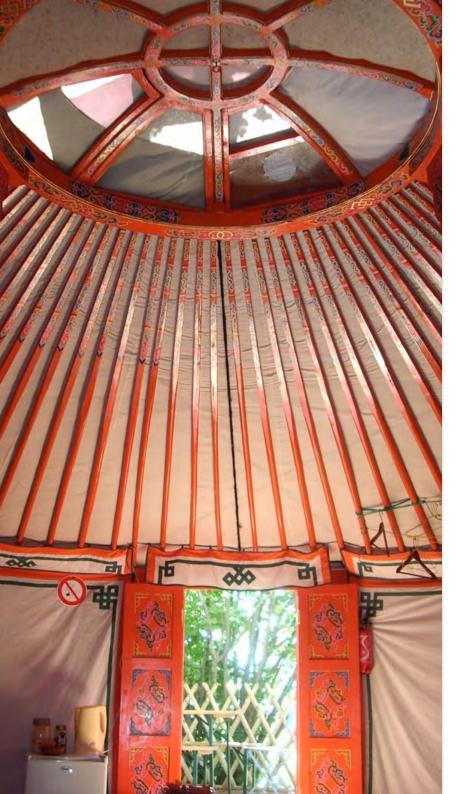
Day 2 : « Le collet de la Cime» (the Collet Peak)

Total Climb : 300 meters. Total downhill : 300 meters. Distance : 6km. Time : 2hrs 30.

The comfortable yurts tend to make travelers want to sleep in, so on day 6, we offer a lovely, relaxing half-day hike, far from everything. The top of the Collet peak offers a 360 degree vista of all the peaks of the valley. A shaded picnic amongst the larch trees and a pit-stop along a mountain stream, which allows for some fun splashing around, usually motivates slower groups to keep moving.

This day renting a donkey is an option, included in the price of the stay.

Night at the ecolodge or in a yurt.



Day 3 : Free day

Our guides will help you choose your adventure according to the season and the weather. For those who enjoy rock climbing and canyoning, this is an ideal starting point, right above the famous Clue d'Amen (not including on the price of the tour). Please note you will need to drive to the starting point. Activities not included in the price of the stay and payable directly at your guide.

For hikers, exceptionally clear signage gives you the opportunity to explore the upper valley. This day renting a donkey is an option, not included in the price of the stay and payable directly on site : \in 70.

You can also enjoy a day off.

Night at the ecolodge or in a yurt.

Day 4 : Walk to "le belvédère des gorges rouges"

Total climb: 525 meters.Total downhill: 525 meters.Distance: 10km.Duration: 4hrs 30.A walk to the breathtaking Alpine red gorges along a wide panoramic vista.

This day renting a donkey is an option, included in the price of the stay.

Night at the ecolodge or in a yurt.



Day 5 : Hiking and swimming in the Cante natural swimming pools

Accumulated Ascent : 300 m - Accumulated Descent : 300 m Distance : 5 km - Continuous walking time : 2 hrs 30 This hike follows an ancestral path linking the villages together. It will imbue you with the wild charm of our mountains silhouetted at more than 2500 m against the blue sky, punctuated with small hamlets perched on dry stone walls, shady forests and delightful stops in refreshing torrents.

Night at the ecolodge or in a yurt.

Day 6 :

Free day : Our guides will help you choose your adventure according to the season and the weather or you can enjoy a day off.

Or St Honorat :

Accumulated Ascent : 1200 m - Accumulated Descent : 1200 m Distance : 12 km - Continuous walking time : 6 hrs 30 Great high-altitude hike to be reserved for good walkers and families wishing to experience an Alpine summit... However, it is possible to stop on the ridges where a grandiose panorama rewards a sustained climb. St Honorat is the characteristic peak of the valley, the first true summit in the South. Its ascent is a bit of a myth for the inhabitants of the valley because children do it with their parents from the age of 7. It's a way of reaching the age of reason when you have completed St Honorat.

Night at the ecolodge or in a yurt.



Day 7 : The Allos Lake or Entrevaux

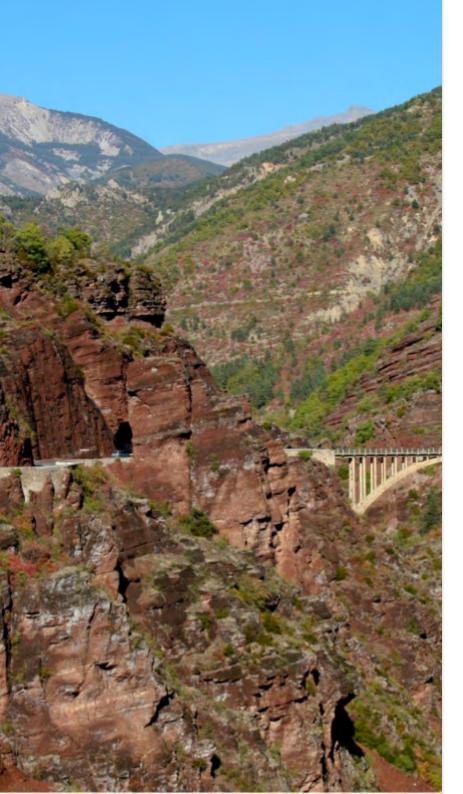
Total Climb : 410 meters.Total downhill : 970 meters. Distance : 10 km. Time : 4 hrs.

Morning departure by car (1hr drive) to go exploring the lakeside and drive up the valley. Your weeks trek rounds off in a climax with an enchanted tour around the glacial lakes of Allos, Garrets and la petite Cayolle. You will lose yourself on this journey through nature, where the blue sky is reflected in the clear waters of the lakes and the endemic flora strewn with alpine pastures.

For those arriving by train or bus in Villeplane there is no possibility of going around the lakes (too far from Villeplane). We offer instead a visit to the very beautiful fortified village of Entrevaux and its citadel.

End of the stay late afternoon.

Attention : The program can be modified according to the vagaries of the weather, in particular snow conditions at altitude.
You will have to take your personal car to get to the start of the activities planned outside Villeplane. There is no transfers available onsite to reach the start of these activities.



How to reach us

By Plane : To Nice airport.

Airport Bus Services : (depart from terminal 1) For the Train station 'Gare SNCF'

By Mountain Train : Nice - Entrevaux

From the mountain train station '<u>Gare des chemins de fer de Provence</u>' (not the 'Gare SNCF') There are <u>2</u> appropriate Micheline trains a day : Please notify us if you are arriving at Entrevaux by the mountain train and we will arrange your 45 mins transfer to Villeplane ($60 \in$ per group). N.B : We can manage these transferts only during the afternoon.

By Coach : Nice - Guillaumes n°675

From « Nice Grand Arenas » bus station in Nice. (N.B.! There is one bus a day).

Please notify us if you are arriving at Guillaumes by coach, and we will arrange your 30 mins transfer to Villeplane (30€ per group).

By Car :

From Nice : Less than 2 hrs drive following directions for 'Digne'(right) up through the stunning Gorges de Daluis.

From Digne-les-bains : 95 km drive, heading southeast to Barreme, then east to St.André les Alpes and Les Scafarels. 7 km east of Annot, head north again up the Gorges de Daluis.

From Barcelonette : Come over Col de Cayolle (2326 m) and down past Entraunes



Contact

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